

Participant Community Newsletter

June 2022 | Number 1



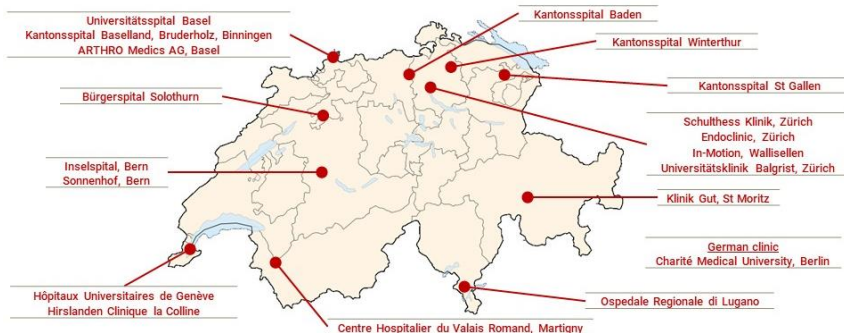
Surgical safety and effectiveness in orthopedics: Swiss-wide multicenter evaluation and prediction of core outcomes in arthroscopic rotator cuff reconstruction (ARCR)

Main study objectives

- To increase transparency and safety in orthopedic surgery
- To develop prognostic models predicting the chances of successful recovery and the occurrence of key adverse events

Where are we?

Patient recruitment began in June 2020 and was completed in November 2021. We are extremely pleased that a great number of participants have become involved in our study. It is also a great honor for us to have several Swiss clinics collaborating in this important and challenging work.



Participating sites in Switzerland and Germany

Based on initial recruitment data, we were able to gain insight into the **characteristics of the patient group** as shown on the left.

What's next?

We will continue to follow all participants and collect information on their shoulder rehabilitation until the last 12-month follow-up planned in November 2022. While the recruitment phase has been realized, we still greatly rely on your input and help to collect all data. The final questionnaire will be sent out 24 months after your surgery.

Once we have collected all the data, researchers will analyze the results and publish various articles that will communicate what is learned in the study to its participants, colleagues, and the public. We also invite you to stay involved by reading the latest [publication](#).

Thank you for your continuing participation in this SNF study

Some Facts

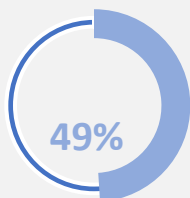
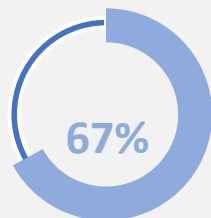
981 Patients enrolled	9 Cantons involved
> 40 Expected publications	4 Languages involved
19 Clinics involved	145 Staff involved

«This is the first large prospective multicenter Swiss cohort study to document the outcome of ARCR patients»

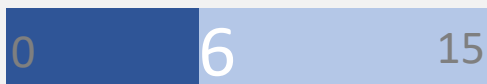
Patient Population:

Sport at least once a week

Symptom duration of at least 6 months



Average Pain Score before surgery



Age \emptyset 57 years

Gender 63% male

Smoker 21% current

